

# IT'S EASY TO FIND QUALITY PROVIDERS AND HOSPITALS.



You just have to know where to look.

Choosing a health care provider can be stressful. But with our Cigna Care Designation (CCD) and Centers of Excellence (COE) programs, we make it easier. We identify higher-performing\* providers and hospitals based on their proven quality of care and cost efficiency. Then, we mark them with a symbol in our provider directory so they're easy to find.

## Cigna Care Designation providers

Cigna reviews primary care providers (practitioners, internists and pediatricians), as well as providers in 18 common specialties, including cardiology, dermatology and general surgery. Those who meet Cigna requirements for both care quality and cost efficiency receive the CCD.

## Centers of Excellence hospitals

Cigna also reviews how successful a hospital is in treating 18 common conditions, such as heart conditions and procedures, hip replacements and surgeries. When hospitals meet program criteria for cost and proven care effectiveness for a reviewed procedure or condition, they earn the status of a COE for that condition or procedure. Our ratings are based on actual patient outcomes, average lengths of stay and average costs we've gathered from outside sources.

## Choose with confidence.

### To find a CCD provider:

- ▶ Log in to **myCigna.com** or the myCigna® App and select "Find Care & Costs"
- ▶ Enter your search information
- ▶ Look for the CCD symbol under the provider's name

### To find a COE hospital:

- ▶ Log in to **myCigna.com** or the myCigna App and select "Find Care & Costs"
- ▶ Select "Locations" and type "Center of Excellence" in the search box to see a list of COE hospitals and related procedures
- ▶ Look for the COE symbol under the hospital name when searching by procedure

### IMPORTANT NOTE:

The listing of a provider in the **Cigna.com** directory does not guarantee that the provider participates in your specific health plan network. To confirm if a provider is in-network for your plan, use **myCigna.com** or the myCigna App. You can also call Cigna customer service at the number on your Cigna ID card.

Together, all the way.®



Offered by Cigna Health and Life Insurance Company or its affiliates.

\*Providers and hospitals identified as having top results based on Cigna's quality and cost-efficiency methodologies. Quality designations, cost-efficiency and other ratings reflect a partial assessment of quality and cost efficiency and should not be the sole basis for decision making. They are not a guarantee of the quality of care that will be provided to individual patients. You are encouraged to consider all relevant factors and consult with your physician when selecting a provider or hospital. Providers and hospitals are independent contractors solely responsible for care delivered; providers and hospitals are not agents of Cigna.

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